Generosity: spend time helping other people.

We can be generous with our money, and with our time. We often forget about talking to others. How do you feel when a friend or relative asks how you are or offers to help you with something difficult?

In groups, talk about the people you help and how you help them—both in school and outside.

I help my brother with his homework.

Make a list of the things you can do to help these people.

mom  dad  brother  sister  grandma  grandpa  friend

Make your own plan to help someone every day for a week or once a week for a month. Keep a record.

Make an award to give each other.

This award goes to

for

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